

Congratulations once again on your #RisingYouth project!

We are pleased to present to you, the first ever edition of the #RisingYouth Grantee Newsletter! We hope that this monthly newsletter will keep you well informed about what is taking place each month at #RisingYouth. In each newsletter, you will find information about upcoming events and opportunities that you can take part in, as well our recommendations of the month, the Grantee Support Hub, and more! It is very exciting that the #RisingYouth program has been renewed for another year and we are so happy to work with all of you! Did you know that May 2nd, 2021 was World Laughter Day? We would like to celebrate and recognize this day with you by sharing some of our recommendations that bring us joy and smiles!

Talk soon, Katie & Amira

# STORIES

## **GRANTEE PROJECTS**



Birthday Care Packages Jessica, ON

This project will use the donated funds to assemble birthday-in-a-bag packages that will be shared with families in need through a number of local food banks. These packages will include a boxed cake mix, icing, sprinkles, candles, and a few decorations to allow the family to celebrate their child's birthday within their "social bubble." See more stories here »

Senior Games and Care Packages Emma, PEI This project will involve creating a bond with seniors in a community home by taking small,

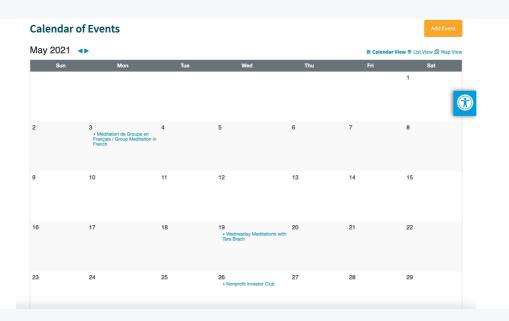


consistent actions. We will do activities across three weeks.We think that this population of people has been greatly affected by the COVID-19 pandemic as they have had limited visits and slim to no outings. This endeavour, we believe, will bring them great happiness.



See more stories here »

# **EVENTS & ACTIVITIES**



Check out the Calendar on the Grantee Support Hub for upcoming #RisingYouth events in the month of May!

Interested in adding your own project event to the calendar? Watch this quick tutorial video to learn how!

Go to the Calendar »

### **Recommendations of the Month**



#### BOOK: The Five Minute Journal by Intelligent Change

"From daily affirmations, to listprompts that encourage you to reflect and evaluate, this five minute pastime is an inspiring way to start and end your day."

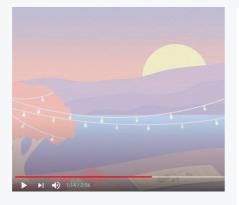
#### Read More »



SHORT FILM: "A Little Selfless Act Can Change Your Day" By: Creapills

A nice, simple film about kindness and helping others, which is likely to put a smile on your face!

#### Watch Here »



#### SONG: "Good Day" by Surfaces

This song has an easy-going feel and the lyrics are all about summer days, nature, and joyful moments!

Listen Here »

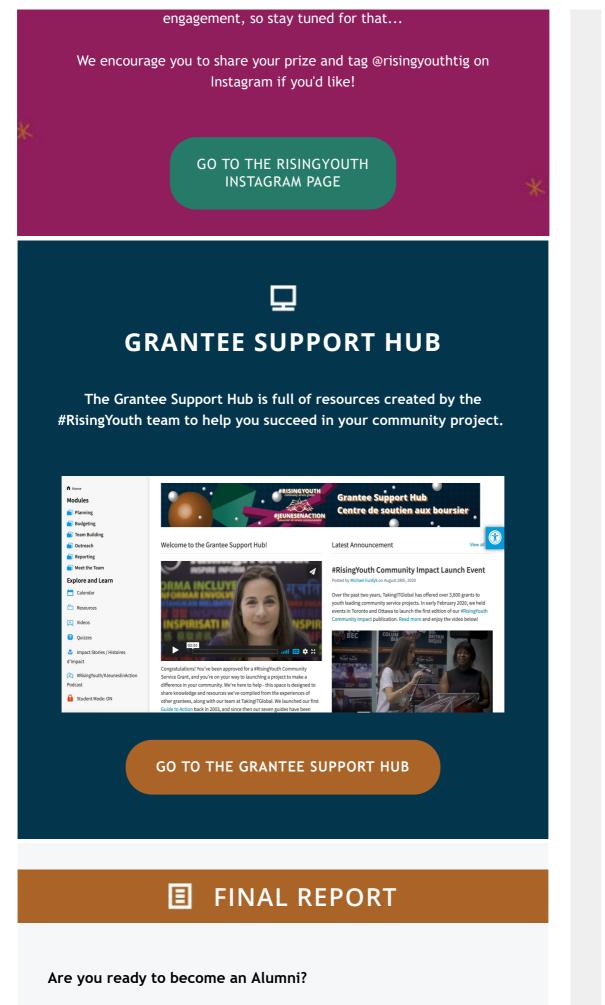
# AND THE WINNER IS...



### Rebecca Gibbons!!!

Congratulations on winning <u>THE FIVE MINUTE JOURNAL</u> from our Recommendations of the Month!

Every month, we will randomly select a grantee to win a prize! As time goes on, we may hold special contests based on your



You could be one step away from becoming a #RisingYouth Alumni!

If your project is completed, please take a few minutes to submit your Final Report on the <u>web form</u> OR by using the <u>#RisingYouth Mobile App</u>.

As a #RisingYouth Alumni, you can become ambassadors for our program and see all kinds of doors and opportunities open to you.

To learn all about the importance of submitting your Final Report, read our <u>blog post</u>!

HAVE ANY QUESTIONS? REACH OUT HERE!



### Let's Get Social!

Stay in touch to keep up with what #RisingYouth are doing all across the country and get inspired to continue making an impact!



#RisingYouth is funded by the Government of Canada under the <u>Canada Service Corps</u> program.

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